TREATMENT NOTE TEMPLATE/EMR (Knee)
Smart Tip 2309

iovera°®

(This document includes suggested language that can be used as a guide to supplement your own EMR documentation.)

PRIOR TO PROCEDURE: (check all that apply)

History and physical/applicable labs reviewed. ❑ Yes ❑ No

Identify changes and contraindications. ❑ Yes ❑ No

Patient was given a description on the complete procedure including benefits and possible risks, and complications. ❑ Yes ❑ No

Informed written consent was obtained. ❑ Yes ❑ No

RIGHT KNEE	**LEFT KNEE**
Pre-treatment pain score: 0 1 2 3 4 5 6 7 8 9 10	Pre-treatment pain score: 0 1 2 3 4 5 6 7 8 9 10

PROCEDURE PREPARATION:

❑ Patient was placed in supine position.

❑ The patient's leg was laid straight and flat.

Target Nerves were identified using:

❑ Anatomical Landmarks

❑ Ultrasound

❑ Nerve Stimulator

Treatment protocol: *(select all that apply)*
RT=Right knee, LT=Left knee

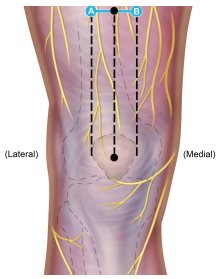
❑ RT - ISN ❑ LT - ISN

❑ RT - AFCN ❑ LT - AFCN

❑ OTHER _____

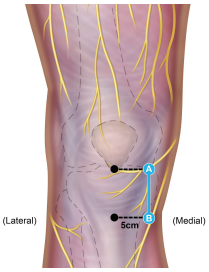
❑ Measurements were obtained and a treatment line was drawn for the anterior femoral cutaneous nerve as follows:

- Marked center of the patella
- Measured from patella to inguinal crease; calculate 1/3
- Starting at patella, measured the 1/3 calculation and marked
- Drew a dotted line on each side of the patella
- Connected the dotted lines, at the 1/3 mark
- Treated from A to B on the treatment line



❑ Measurements were obtained and a treatment line was drawn for the infrapatellar saphenous nerves as follows:

- Then marked the lower pole of the patella; drawing a line 5 cm medial of the patella
- The tibial tubercle was identified; marked the bottom of the tibial tubercle; drew a line 5 cm medial
- Connected the two lines
- Treated from A to B on the treatment line



❑ Patient's skin was shaved if necessary.

❑ Patient's skin was cleansed using [Antiseptic] on the [Treatment Areas].

Patient's skin was anesthetized using:

❑ Skin wheel [Amount/Type of Anesthetic]

❑ Topical Anesthetic [Amount/Type of Anesthetic].

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DESCRIPTION OF PROCEDURE:

- ❑ After the anesthetic was administered, the [Smart Tip] cryoneurolysis needle was inserted into [Treatment Line/Location], and the treatment was initiated. The treatment duration was [X] seconds per cycle. At the termination of each treatment cycle, the needle was removed.
- ❑ This was repeated a total of [X] times.
- ❑ At the termination of the treatment, the cryoneurolysis needle was removed.
- ❑ Patient's skin was cleansed and the treatment site was covered with a bandage.
- ❑ Patient tolerated procedure [Description of how the patient tolerated procedure].
- ❑ The patient was instructed to stand and mobilize the knee joint.
- ❑ Post treatment assessment performed and discharge instructions given to the patient.

Treatment Start Time: _____ Treatment Stop Time: _____

RIGHT KNEE	LEFT KNEE
Post-treatment pain score:	Post-treatment pain score:
0 1 2 3 4 5 6 7 8 9 10	0 1 2 3 4 5 6 7 8 9 10

Indication

The iovera° system is used to destroy tissue during surgical procedures by applying freezing cold. It can also be used to produce lesions in peripheral nervous tissue by the application of cold to the selected site for the blocking of pain. It is also indicated for the relief of pain and symptoms associated with osteoarthritis of the knee for up to 90 days. The iovera° system is not indicated for treatment of central nervous system tissue.
When stimulation compatible components are used, the iovera° system can also facilitate target nerve location by conducting electrical nerve stimulation from a compatible 3rd party nerve stimulator.

Important Safety Information

Contraindications

The iovera° system is contraindicated for use in patients with the following:

- Cryoglobulinemia, paroxysmal cold hemoglobinuria, cold urticaria, Raynaud's disease, and open and/or infected wounds at or near the treatment site

Potential Complications

As with any surgical treatment that uses needle-based therapy and local anesthesia, there is a potential for site-specific reactions, including, but not limited to:

- Ecchymosis, edema, erythema, local pain and/or tenderness, and localized dysesthesia

Proper use of the device as described in the User Guide can help reduce or prevent the following complications:

- At the treatment site(s): injury to the skin related to application of cold or heat, hyper- or hypopigmentation, and skin dimpling
- Outside the treatment site(s): loss of motor function

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